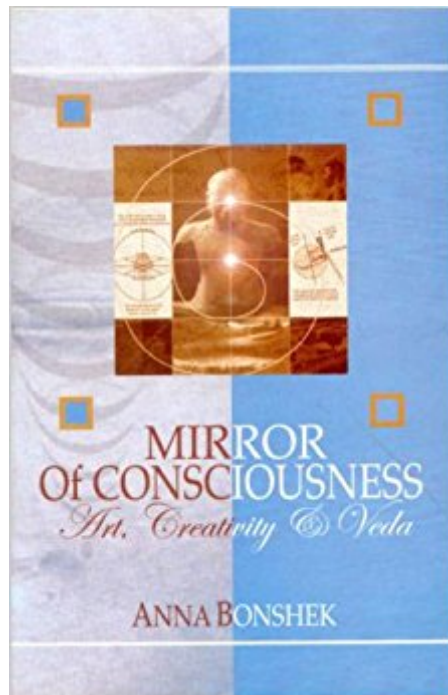




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# **Mirror Of Consciousness: Art, Creativity And Veda**



## Synopsis

Mirror of Consciousness ambitiously traverses a wide range of themes pertaining to art, creativity, knowledge and theory. Its unique perspective lies in its exposition of Vedic Science as brought to light by His Holiness Maharishi Mahesh Yogi and in the application of the principles of this science to preliminary analysis of the Vastusutra Upanishad. No other publication has examined art and theory with the same comprehensive vision. To do justice to the topic of universal value in art and theory, the author has delved into several areas that impact the visual arts--late twentieth-century debates in art theory, models of historiography, new definitions of culture and tradition--in the context of the individual's own consciousness or simplest form of awareness. Though comprehensive and detailed, it will appeal to those who are curious about trends in the visual arts, the advent and impact of new technologies, and the development of collective consciousness in our time.

## Book Information

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## Customer Reviews

"Bonshek's book succeeds in concisely rendering the vast body of vedic knowledge of which Maharishi is widely regarded as the foremost modern proponent as well as in illustrating the wealth of practical benefits this knowledge can provide the arts and society in general. Bonshek's work moreover has set the stage for other artists and critics to apply this knowledge in the production and appreciation of the arts. As her books demonstrates, an original grasp or clear understanding of Vedic wisdom depends not on how you intellectually interpret pure consciousness-as the history of

Vedic scholarship attests, critical interpretation usually leads to distortion with unfortunate social consequences-but rather on how you embody it. Bonshek's title tells it best: it depends not on waving the colors of the small self, but on mirroring pure consciousness." --- William S. Haney II Consciousness, Literature and the Arts, Vol: 5, No. 1, April 2004"Remarkable work of synthesis indeed and interdisciplinary achievement notable contribution to literary and art history and aesthetics." --- Prabuddha Bharata, Vol: 109, June, 2004

Text: English

Thank you for this absolutely amazing book! I absolutely love it!! Such a rich book in terms of knowledge and art. I hope to meet you sometime.

In current art debates, no-one has really considered art in the context of a complete theory of consciousness. This book does this and more. It should challenge any reader who is serious, passionate and convinced about the continued value of art and culture in our global marketplace.

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